

We are here to help you in these uncertain times



Lots of people in the hospitality sector are experiencing stress, anxiety, fear of the unknown and what the future may hold. Some of this may present itself in the form of physical health issues such as headaches, back and shoulder pain. This is where we can support, with our NHS backed service which is quick and free to use.

We can help you to:



Improve your wellbeing

With 1-2-1 specialist support



Improve your physical health

With quick access to physical therapies



Improve your mental health

With quick access to practical help and support.

Does this apply to me?

If you can answer 'yes' to two or more of these statements, then our local team are here for you:

- I live or work in Greater Manchester
- I am currently sick and off work

- I have been made redundant and have a health condition
- I am struggling to return to work due to a health issue.

My next steps:

1 Get in touch

2 Create your plan

3 Achieve workplace happiness

The sooner you speak to us, the sooner we can help you kickstart your journey to a healthier and happier you, in just 15 minutes.



Call us today to talk to one of our friendly experts **0300 456 8107**

85% of people call us to find out more



Email us at: workingwellearlyhelp@maximusuk.co.uk and we'll aim to respond within 24 hrs.