

# Do your staff need support?

We offer quick and free access to  
mental and physical health therapies.

Lots of people in the hospitality sector are experiencing stress, anxiety, fear of the unknown and what the future may hold. Some of this may present itself in the form of physical health issues such as headaches, back and shoulder pain. This is where we can support you and your staff with our NHS backed service which is quick and free to use.

## We can help your employees to:



### Improve their occupational health

With 1-2-1 specialist support and a back to work plan



### Improve their physical health

With quick access to physical therapies



### Improve their mental health

With quick access to practical solutions to improve their mental wellbeing.

## Does this apply to your employees?

If you can answer 'yes' to two or more of these statements, then our local team are here for your employees:

They...

Live or work in Greater Manchester

Have been furloughed and are struggling to return to work due to health issues.

Are currently sick and off work

## Your next steps:

1

Check your employee is eligible

2

Refer your employee or pass on our information for them to call us

3

Improve employee workplace wellbeing

The sooner you or your employee speak to our friendly experts, the sooner we can help kickstart their journey to being healthier and happier, in just 15 minutes.



Call us today to talk to one of our friendly experts **0300 456 8107**

85%  
of people  
call us to  
find out  
more



Email us at: [workingwellearlyhelp@maximusuk.co.uk](mailto:workingwellearlyhelp@maximusuk.co.uk)  
and we'll aim to respond within 24 hrs.